



# Weekly Menu

TLC Living Community



	Sun 02-15-2026	Mon 02-16-2026	Tue 02-17-2026	Wed 02-18-2026	Thu 02-19-2026	Fri 02-20-2026	Sat 02-21-2026
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Peaches 100% Juice Toast of Choice	Bacon and Cheese Omelet Egg of Choice Sausage Patty Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Strawberry Banana Baked Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Raisin French Toast Egg of Choice Sausage Patty Pears 100% Juice Toast of Choice	Sausage Scramble Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Applesauce 100% Juice Toast of Choice	Ham Egg Muffin <i>or</i> Cream of Wheat Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice
L U N C H	Garlic Ranch Chicken <i>or</i> Honey Glazed Meatballs Parsley Potatoes Wax Beans Hawaiian Roll White Poke Cake	Beef and Rice <i>or</i> Sweet and Sour Pork Mandarin Oranges Steamed Broccoli Breadsticks Cherry Pudding Cake	Breaded Pork Cutlet with Brown Gravy <i>or</i> Smoky Mountain Chicken Mashed Potatoes and Gravy Fresh Cooked Carrots French Bread Turtle Brownie	Chicken Stroganoff <i>or</i> Mediterranean Shrimp Scampi Noodles Grapes Garden Green Salad Hawaiian Roll Blueberry Pie	Tangy Honey Ham <i>or</i> Cube Steak with Burgundy Sauce AuGratin Potatoes Corn Chocolate Cream Pie	Breaded Fish Fillet <i>or</i> Beef Patty with Gravy Baked Potato Fresh Cooked Beets Breadsticks Butterscotch Cake	Chicken Cavatappi with Basil Cream Sauce <i>or</i> Rotini with Tomato Meat Sauce Apricots House Green Salad Garlic Bread Hawaiian Delight Pie
D I N N E R	Pork Chop Sandwich Cheesy Potato Casserole Minestrone Soup Assorted Desserts	Cream of Potato Soup Ham and Swiss Slider Sliced Tomatoes Caramel Apple Sundae	Meat Chili All Beef Hot Dog Vegetables with Ranch Dip Rice Pudding	Grilled Cheese Sandwich Apple Slices Tomato Soup Cookies and Cream Ice Cream	Chicken Noodle Soup Sloppy Joes Fried Potatoes and Onions Pickle Chips Peach Parfait with Wafers	Egg Salad Sandwich Chips Vegetable Macaroni Soup Assorted Desserts	Braised Beef Sandwich Potato Salad Broccoli Cheese Soup Signature Carnival Cookie
Milk offered at every meal							Week 4

Dietitian's Signature: *Diana Jagu* 1-23-2026  
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