



Weekly Menu

TLC Living Community



| | Sun 01-25-2026 | Mon 01-26-2026 | Tue 01-27-2026 | Wed 01-28-2026 | Thu 01-29-2026 | Fri 01-30-2026 | Sat 01-31-2026 |
|---|---|--|--|--|--|---|--|
| B R E A K F A S T | Swedish Pancakes Egg of Choice Bacon Applesauce 100% Juice Toast of Choice | Ham and Cheese Omelet Egg of Choice Sausage Patty Hash Brown Patty Apricots 100% Juice Toast of Choice | Mixed Berry Vanilla Baked Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice | Buttermilk Pancakes Egg of Choice Sausage Patty Pears 100% Juice Toast of Choice | Sausage Country Gravy and Biscuits Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice | Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice | Grilled Bacon Breakfast Sandwich <i>or</i> Cream of Wheat Egg of Choice Bacon Fruit Cocktail 100% Juice Toast of Choice |
| L U N C H | Beef and Noodles <i>or</i> Italian Sausage Pasta Fresh Pineapple Green Salad French Bread Frosted Banana Bars | Beef Enchilada <i>or</i> Bacon Chicken Stuffing Casserole Grapes Fresh Cooked Carrots French Bread Cherry Chocolate Cake | Fish Fillet with Lemon Sauce <i>or</i> Swedish Meatballs Classic Mashed Potatoes Seasoned Broccoli Breadsticks Birthday Cake | White Wine and Mushroom Chicken <i>or</i> Ham with Apple Maple Sauce Homestyle Stuffing Creamed Spinach Hawaiian Roll Oreo Delight | Cranberry Glazed Turkey Roast <i>or</i> Burgundy Pork Tenderloin Baked Potato Corn O'Brien French Bread Key Lime Pie | Beef and Broccoli over Rice <i>or</i> Garlic Butter Shrimp Scampi Fresh Pineapple Green Salad Hawaiian Roll Pumpkin Squares | Apple Cider Pork Chops <i>or</i> Swiss Steak Classic Mashed Potatoes Green Beans Breadsticks Chocolate Chip Cake |
| D I N N E R | Broccoli Cheese Soup Corned Beef and Swiss on Rye Three Bean Salad Chocolate Ice Cream | BBQ Pulled Pork Slider Mandarin Oranges Corn Chowder Assorted Desserts | French Onion Soup Hot Roast Beef and Cheddar Sandwich Baked Beans Sautéed Mushrooms Coconut Pudding | Creamy Tomato Basil Soup BLT Sandwich Cucumber Onion Salad Cookie | Beef Barley Soup German Sausage on Bun Apple Slices Sauerkraut Assorted Desserts | Potato Soup Ham Bunwich Celery Sticks with Peanut Butter Hot Fudge Sundae | Garden Chicken Sandwich Chips Vegetable Medley Soup Assorted Desserts |
| Milk offered at every meal | | | | | | | Week 1 |

Dietitian's Signature: *Diana Jagan* 1-23-2026
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