



Weekly Menu

TLC Living Community



	Sun 12-28-2025	Mon 12-29-2025	Tue 12-30-2025	Wed 12-31-2025	Thu 01-01-2026	Fri 01-02-2026	Sat 01-03-2026
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Fresh Pineapple 100% Juice Toast of Choice	Cheesesteak Omelet Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Peaches and Cream Baked Oatmeal Egg of Choice Bacon Pears 100% Juice Toast of Choice	Mixed Berry French Toast Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Bacon Quiche Egg of Choice Sausage Patty Apricots 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Sausage Egg Muffin <i>or</i> Cream of Wheat Egg of Choice Bacon Peaches 100% Juice Toast of Choice
L U N C H	Braised Chuck Roast with Brown Gravy <i>or</i> Garlic Parmesan Chicken Parsley Potatoes Peas and Carrots French Bread Banana Pudding Cake	Cowboy Meatloaf Casserole <i>or</i> Scalloped Ham and Potatoes Grapes Sauteed Zucchini Hawaiian Roll Fresh Coconut Cream Pie	Teriyaki Chicken Rice Bowl <i>or</i> Pork Stroganoff Mandarin Oranges Green Salad Hawaiian Roll Birthday Cake	Breaded Fish Fillet <i>or</i> Sweet and Savory Meatballs Baked Sweet Potato Cauliflower with Hollandaise Sauce French Bread Caramel Apple Pie	NEW YEARS MENU Green Salad BBQ Pork Ribs <i>or</i> Champagne Chicken Baked Potato Skillet Cabbage Breadsticks Chocolate Cream Pie	Fried Shrimp with Cocktail Sauce <i>or</i> Pork Roast and Mushroom Gravy Garlic Mashed Potatoes Corn French Bread Cinnamon Roll Cake	Spaghetti and Meatballs <i>or</i> Bacon Macaroni and Cheese Garden Green Salad Garlic Bread Cream Cheese Brownie
D I N N E R	Meat Chili Grilled Three Cheese Sandwich Applesauce Pickle Chips Cookies and Cream Ice Cream	Chicken Noodle Soup Italian Sausage Poor Boy Ranch Roasted Potatoes Sauteed Peppers and Onions Butter Pecan Ice Cream	Tuna Melt Chips Homestyle Beef Vegetable Soup Assorted Desserts	Baked Potato Soup Hot Roast Beef Sliders Sauteed Mushrooms Chocolate Ice Cream	Egg Salad Sandwich Grapes Vegetable Barley Soup Assorted Desserts	Chicken Tortilla Soup Loosemeat Sandwich O'Brien Potatoes Sliced Tomatoes Cookie	Ham and Northern Bean Soup Chicken Tenders Vegetable Pasta Salad Cornbread Muffin Orange Pineapple Jello
Milk offered at every meal							Week 2

Dietitian's Signature: *Diana Jager* 10-12-2025
#610128