



Weekly Menu

TLC Living Community



	Sun 11-02-2025	Mon 11-03-2025	Tue 11-04-2025	Wed 11-05-2025	Thu 11-06-2025	Fri 11-07-2025	Sat 11-08-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Peaches 100% Juice Toast of Choice	Bacon and Cheese Omelet Egg of Choice Sausage Patty Hash Brown Patty Grapes 100% Juice Toast of Choice	Strawberry Banana Baked Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Raisin French Toast Egg of Choice Sausage Patty Pears 100% Juice Toast of Choice	Sausage Scramble Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Ham Egg Muffin <i>or</i> Cream of Wheat Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice
L U N C H	Baked Chicken Quarter <i>or</i> Honey Glazed Meatballs Creamy AuGratin Potatoes Wax Beans Hawaiian Roll White Poke Cake	Beef and Rice <i>or</i> Sweet and Sour Pork Mandarin Oranges Steamed Broccoli Breadsticks Cherry Fluff	Cube Steak with Burgundy Sauce <i>or</i> Smoky Mountain Chicken Parsley Potatoes Fresh Cooked Carrots French Bread Turtle Brownie	Cranberry Glazed Ham <i>or</i> Roasted Turkey Breast Baked Sweet Potato Creamed Spinach Hawaiian Roll Frosted Banana Bars	Chicken and Biscuits <i>or</i> Beef Patty with Mushroom Gravy Classic Mashed Potatoes Corn Chocolate Cream Pie	Breaded Fish Fillet <i>or</i> Pork Chops with Country Gravy Baked Potato Fresh Cooked Beets Breadsticks Butterscotch Cake	Chicken Cavatappi with Basil Cream Sauce <i>or</i> Rotini with Tomato Meat Sauce Apricots House Green Salad Garlic Bread Blueberry Pie
D I N N E R	Egg Salad Sandwich Chips Vegetable Macaroni Soup Assorted Desserts	Cream of Potato Soup Ham and Swiss Slider Sliced Tomatoes Caramel Apple Sundae	Meat Chili All Beef Hot Dog Vegetables with Ranch Dip Cookie	Chicken Noodle Soup Sloppy Joes French Fries Pickle Chips Orange Dream Pudding	Grilled Cheese with Bacon Apple Slices Tomato Soup Cookies and Cream Ice Cream	Split Pea Soup Chicken Philly Sandwich Celery Sticks with Peanut Butter Assorted Desserts	Braised Beef Sandwich Cheesy Potato Casserole Minestrone Soup Hot Fudge Sundae
Milk offered at every meal							Week 4

Dietitian's Signature: *Diana Jager* 10-12-2025
#610128