



# Weekly Menu

TLC Living Community



	Sun 10-05-2025	Mon 10-06-2025	Tue 10-07-2025	Wed 10-08-2025	Thu 10-09-2025	Fri 10-10-2025	Sat 10-11-2025
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Sausage and Cheese Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple 100% Juice Toast of Choice	Baked Oatmeal with Cinnamon Apples Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	French Toast Egg of Choice Bacon Pears 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Mandarin Oranges 100% Juice Toast of Choice	Eggs Benedict <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice
L U N C H	Shepherd's Pie with Gravy <i>or</i> Creamy Chicken Enchiladas Grapes Green Salad French Bread Tres Leches Cake	Tuna Noodle Casserole <i>or</i> Pepper Beef Tips over Rice Berry Cottage Salad Green Beans Breadsticks German Chocolate Cake	Open Face Hot Turkey Sandwich <i>or</i> Creamed Chipped Ham and Toast Classic Mashed Potatoes Braised Carrots and Celery Mandarin Orange Chiffon Pie	Oven Roasted Pork Loin <i>or</i> Porcupine Meatballs Baked Potato Corn Hawaiian Roll Pineapple Cheesecake	Apricot Brown Sugar Ham <i>or</i> Broiled Fish Fillet with Basil Butter AuGratin Potatoes Roasted Cauliflower Breadsticks Turtle Brownie	Roast Beef with Mushroom Sauce <i>or</i> Breaded Shrimp with Cocktail Sauce Buttered Noodles Roasted Parmesan Brussels Sprouts French Bread Strawberry Shortcake	Honey Baked Chicken Leg <i>or</i> Salisbury Steak and Gravy Roasted Potato Medley with Gravy Steamed Broccoli with Hollandaise Cornbread Lemon Pudding Cake
D I N N E R	German Sausage on Bun O'Brien Potatoes Homestyle Beef Vegetable Soup Sherbet	Crockpot Potato Soup Chicken Ranch BBQ Sandwich Crunchy Vegetable Salad Peach Parfait with Wafers	Chicken Noodle Soup Mushroom Swiss Burger Chips Sauteed Onions Butterscotch Pudding	Bean and Bacon Soup Salami and Cheese Sandwich Vegetables with Ranch Dip Cookie	Beef Minestrone Soup Turkey Salad Sandwich Applesauce Sliced Tomatoes Assorted Desserts	Shredded Pork Sandwich Potato Salad Vegetable Barley Soup Ice Cream Sundae	Homestyle Cream of Chicken Soup Philly Cheesesteak Sandwich Pickled Beets Fancy Cherry Jello
Milk offered at every meal							Week 1

Dietitian's Signature:

*Quinn Aguiar* 4-21-2025  
6/10/28